

## **MIRIAM K. ANAND, M.D., FACAAL, FAAAAI, FACP**

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### **Postgraduate Education/Certification:**

National Jewish Medical Center, Denver, CO. 2001-2003  
Allergy/Immunology Fellowship  
Mayo Graduate School of Medicine, Scottsdale, AZ 1998-2001  
Internal Medicine Residency  
Diplomate, American Board of Internal Medicine, Expires 2022  
Diplomate, American Board of Allergy and Immunology, Expires 2023

### **Education:**

George Washington School of Medicine, D.C., August 1994-May 1998  
University of Heidelberg, Heidelberg, Germany, 1994  
Completed medically related courses.  
Arizona State University, Tempe, AZ 1991-1993  
Completed medical education prerequisites.  
Grand Canyon University, Phoenix, AZ 1990-1991  
Began medical education prerequisites.  
University of Regensburg, Regensburg, Germany 1989-1990  
Study abroad program.  
University of Colorado, Boulder, CO, 1990  
B.A., Psychology and German.

### **Related Experience/Employment:**

Allergy Associates and Asthma, Ltd., Private Practice, August 2003-to date, President  
Clinical Associate Professor, Arizona College of Osteopathic Medicine, Midwestern  
University  
Clinical Assistant Professor, Dept. of Internal Medicine, University of Arizona, College of  
Medicine - Phoenix

### **Publications:**

Anand, M.K. and Routes, J.M. Immediate Hypersensitivity Reactions, Emedicine Online  
Textbook, 2002 (last updated 2012). (<http://emedicine.medscape.com/article/136217-overview>)  
Nanda, A., O'Connor, M., Anand, M., et al. Dose Dependence and Time Course of the  
Immunologic Response to Administration of Standardized Cat Allergen Extract. *Journal  
of Allergy and Clinical Immunology*, 2004 Dec; 114(6): 1339-44  
Anand, M.K., Nelson, H.S., Dreskin, S.C.: A Possible Role for COX-2 Inhibitors in the  
Treatment of Chronic Urticaria, Letter to the Editor, *Journal of Allergy & Clinical  
Immunology*, 2003 May; 111(5): 1133-6.  
Anand, M.K., Mishark, K.J., and Nguen, C.: Chapter on Dubin Johnson Syndrome,  
Emedicine Online Textbook (Emedicine.com), 2001.

**Teaching/Lectures/Presentations:**

Preceptor: Midwestern University students, University of Arizona students, Scottsdale Healthcare Family Practice residency, University of Phoenix Nurse Practitioner program, A.T. Still University students

Lectures:

Trends, Truths and Travesties: The real scoop on food allergies and intolerances, International Association of Eating Disorder Professionals March 2015, West Coast Symposium on Addictive Disorders May 2015, Cape Cod Symposium on Addictive Disorders September 2015

Primary Immunodeficiency to Midwestern Residents, Annually 2012-2015

Drug Allergy to Midwestern Residents, Annually 2012 - 2015

Allergic Skin Diseases to Midwestern Residents, Annually 2012- 2015

Food Allergies/Anaphylaxis to Midwestern Residents, Annually 2012- 2015

Asthma to Midwestern Residents, Annually 2012 - 2015

Allergic Rhinitis to Midwestern Residents, Annually 2012 - 2015

Overview of Allergy/Immunology lecture to MS III students at Midwestern University, March 2011, January 2013

Asthma lecture for patient education program, Scottsdale Healthcare Patient Education, 2007

Asthma lecture at Arizona State University Nurse Practitioner training program, 2005

Asthma lecture at Mayo Graduate School of Medicine Internal Medicine (noon conference), December 18, 2004

Presentations:

Anand, M.K., and Douglas, D.D.: A Case of Dubin Johnson Syndrome Mistaken for Acalculous Cholecystitis. Poster presentation at Arizona Chapter ACP-ASIM Annual Meeting, Tucson, Arizona, December 1999.

Just Move! Exercising for a Healthier Lifestyle. Presented at the Mayo Clinic "For Your Health" seminar for patient education. February 1999.

Anand, M.K., Burke, R., and Mishark, K.J.: Recurrent Transitional Cell Carcinoma of the Bladder Presenting as GI Obstruction: An Uncommon Presentation. Poster presentation at Arizona Chapter of ACP-ASIM Annual Meeting, Phoenix, Arizona, November 1998.

**Licenses:**

Medical License, Arizona

**Membership/Participation in Organizations:**

American Academy of Allergy, Asthma & Immunology, Fellow

American College of Allergy, Asthma, & Immunology, Fellow

American College of Physicians, Fellow

American Medical Association

Arizona Allergy and Asthma Society

Secretary/Treasurer 2007

Vice-President 2008

President 2009

Immediate Past President 2010

Arizona Association of Physicians of Indian Origin

Arizona Medical Association

At large member, Executive Board, 2015

Maricopa County Director 2010-2013, 2013-2015

Legislative committee, 2010 – present  
Nominating committee, 2013, 2014, 2015  
Western Society of Allergy, Asthma, & Immunology  
Maricopa County Medical Society  
Secretary 2005-2008  
Vice President 2009-2012  
President-Elect 2013  
President-2014  
Immediate Past President, 2015  
Mentorship committee chair, 2012, 2013  
Governance committee chair, 2015

**Hospitals:**

Banner Desert Medical Center  
Chandler Regional Hospital  
Scottsdale Healthcare-Osborn

**Honors/Awards**

*Super Doctors* ® List, AZ Magazine, Phoenix, 2012-2014  
America's Top Physicians, 2013  
Marquis Who's Who in Medicine and Healthcare 2011 - 2015  
Patient's Choice Award 2008-2012



Phoenix Magazine, "Top Doc", 2010.



**Other:**

Coordinator, Phoenix area Asthma Screening Program, 2007-2012  
Sponsor, Asthma Walk, American Lung Association of Arizona, 2008, 2009, 2011  
Volunteer Physician, Head Start Health Fair, 2003 – 2010  
Transition Health Subcommittee, Governor Douglas Ducey, 2014-15