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Publications:

1. Are You A Smoker, Journal of M.G.M. Medical College, India 1951
2. Bronchopneumonia in Children, Antiseptic, Madras, India, 1951
3. Diet in Thyroid Fever, Medical Digest, Bombay, India, Vol. 20, no.6, June 1952
4. A Short-term Evaluation of the Clinical Effectiveness of Sustained-Acting Methyl-Prednisone in Abating the Symptoms of Airway Obstruction, Current Therapeutics Research, Vol. 3, pp. 36-44, February 1961
5. Quantitative Inhalation Challenge in Allergic Asthma, Program of American Academy of Allergy 18th Annual Meeting, February 1962 (abstract) (I.H. Itkin, S. C. Anand, M. Yau, G. Middlebrook) Denver, Colorado, Journal of Allergy, Vol. 34, 1963
6. Serum Electrophoretic Changes in Patients with Chronic Pulmonary Diseases. Thesis submitted at the University of Colorado School of Medicine, for the degree Master of Science in Medicine, 1962
7. Changes in Bronchial Sensitivity with Hyposensitization, Program of the American Academy of Allergy 19th Annual Meeting, March 1963 (Abstract) (I.H. Itkin, S.S. Tuft, S. C. Anand, M. Dennis) Montreal, P.Q., Canada
8. The Biologic Properties of a Ragweed Arabinogalactan, The Journal of Allergy, Vol. 39, February 1967 (Abstract) (L.S. Kind, I.H. Itkin, S. C. Anand)
9. Studies with Quantitative Inhalation Challenge Technique, II. Comparison of Bronchial Sensitivity in Asthma Patients to Acetyl-beta-methylcholine (Mecholyl) using Injection and Inhalation Procedures. Program of American Academy of Allergy, 23rd Annual Meeting, February 1967 (Abstract) (S. C. Anand, and I. H. Itkin)
10. The Role of Atropine as a Mediator Blocker of Induced Bronchial Obstruction, Journal of Allergy, 41: S3, February 1963 (Abstract), Journal of Allergy, 45: 178-186, 1970. (I. H. Itkin and S. C. Anand)
11. Effect of Influenza Vaccine on Methacholine (Mecholyl) Sensitivity in Patients with Asthma of Known and Unknown Origin, The Journal of Allergy, Vol. 42, 1968. (S. C. Anand, I. H. Itkin, and L. S. Kind)
12. Candida Albicans as an Atopic Allergen, The Journal of Kansas Medical Society, Vol. LXIX, No. X, October 1968. (I. H. Itkin and S. C. Anand)
13. Protective Effect of Cromolyn Sodium on Bronchial Challenge Tests in Pollen Asthma, Annals of Allergy, Vol. 30, February 1972. (S. C. Anand, D. H. Goodman)
14. Cromolyn Sodium in the Treatment of Grass Pollen Asthma, Annals of Allergy, Vol. 30, May 1972, (D. H. Goodman, A. D. Wert, S. C. Anand, M. N. Cowan, L. D. Mayer)

Papers Presented and Exhibits

1. "Further Studies Concerning the Significance of the Serum Electrophoretic Pattern Changes observed in Patients ill with Chronic Chest Diseases" at the regional meeting of the American College of Physicians, Hotel Broadmoor, Colorado Springs, Colorado, January 1961.
2. "Serum Electrophoretic Changes in Patients ill with Chronic Chest Diseases", at the Society of Experimental Biology and Medicine, Denver, Colorado. March 1961.
3. "Diagnosis of Asthma" at the Rehabilitation Symposium, National Jewish Hospital at Denver, Colorado, September 1967.

4. "Quantitative Inhalation Challenge Tests in Asthma" (Apparatus and Technique), A.M.A. Annual Convention in Atlantic City, N.J. (Scientific Exhibit) 1967. (I. H. Itkin and S. C. Anand).
5. "Use of Inhalational Challenge Technique in Candida Asthma", A.M.A. Clinical Convention in Houston, Texas, (Scientific Exhibit), November 1967 (I. H. Itkin and S. C. Anand).
6. "Effect of Influenza Vaccine on Methacholine (Mecholyl) Sensitivity in Patients with Asthma of Known and Unknown Origin" at the 1968 Annual Meeting of the American Academy of Allergy, Boston, Massachusetts, (S. C. Anand and I. H. Itkin).
7. "The role of Atropine as a Mediator Blocker of Induced Bronchial Obstruction" at the 1968 Annual Meeting of the American Academy of Allergy, Boston, Massachusetts, (I. H. Itkin and S. C. Anand).
8. "Panel Discussion on Cromolyn Sodium", West Coast Allergy Society Annual Meeting, Phoenix, Arizona, 1970.
9. "Pulmonary Functions, Inhalation Tests in Asthma and Drug Allergies", Family Medicine Review Course, University of Arizona Medical Center, Tucson, Arizona, April 1972.
10. "Mecholyl Test in the Diagnosis of Asthma", South West Allergy Forum, January 1974.
11. "Panel Discussion on Cromolyn Sodium", South West Allergy Forum, January 1974.