About AllergyEats

AllergyEats (www.AllergyEats.com), your online guide to allergy-friendly restaurants, is a peer-based website. AllergyEats:

- Has become the biggest and fastest growing source for finding allergy-friendly restaurants.
- Is free – and is quick and easy to use.
- Helps the allergy community know in advance how well (or poorly) a restaurant has responded to people with food allergies via allergy-friendliness ratings.
- Collects ratings from food allergic diners, based on how well restaurants were able to accommodate their unique food requirements.
- Boasts a nationwide database of well over 600,000 restaurants that food-allergic customers can rate.
- Is searchable by geographic location, and includes maps and driving directions to restaurants nationwide.
- Offers information on restaurants’ menus (including gluten-free menus), allergen lists, nutrition information, web links, certifications, directions, and special deals and giveaways for users.
- Now offers an app for iPhone and Android smartphones, allowing users to access this valuable information from anywhere, at any time.
- Includes a blog and social media pages for additional interactive discussions and information sharing.

AllergyEats has been endorsed by a variety of well-respected food and health organizations and individuals, including the Asthma and Allergy Foundation of America, the Gluten Intolerance Group, the Massachusetts Restaurant Association, Chef Ming Tsai and more.

For a full list of organizations that endorse AllergyEats, please visit www.allergyeats.com/endorsements.php.

The Inspiration Behind the Site

They say that necessity is the mother of invention, but in this case, Boston father Paul Antico was inspired to act based on his family’s personal experiences dining out. Paul loves taking his family out to eat and has discovered first-hand that some restaurants are better than others at accommodating customers with food allergies, like three of his five children. Frustrated by restaurants that were uncomfortable, unable or even unwilling to prepare foods safely – without dairy, nuts or other “trigger” foods – for his food-allergic children, Paul started AllergyEats, a peer-to-peer website, that has become the biggest and fastest-growing source for finding allergy-friendly restaurants.

Paul Antico with his three food-allergic children: Keegan, 9, who is allergic to tree nuts, peanuts, dairy, and sesame, Tucker, 14, who is allergic to tree nuts and peanuts, and Bree, 1, who is allergic to eggs.

For more information, visit www.allergyeats.com or email contact@allergyeats.com.

Your Online Guide to Allergy Friendly Restaurants

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FAQs

How does the site work? AllergyEats features a peer-rating process, where food allergic individuals rate their restaurant experiences based on how well the establishment accommodated their special food requirements. Site visitors can rate more than 600,000 restaurants quickly and easily, by answering three simple questions about their dining experience and writing an optional short comment. Answers are compiled into an objective “allergy-friendliness rating,” making it simple for AllergyEats users to search for allergy-friendly restaurants by city, state or zip code. Users can also access valuable information, including restaurants’ menus (including gluten-free menus), allergen lists, nutrition information, certifications, web links, directions and more. Unlike other restaurant review sites, which contain feedback about food, ambiance and service, AllergyEats focuses only on food-allergy related information. And use the AllergyEats app for iPhone and Android smartphones to access this valuable information from anywhere, at any time.

The value of AllergyEats comes from the ratings and comments of other diners, which represent real experiences from real people. The site combines the best of Internet technology with peer-based feedback to help food-allergic diners select restaurants that cater to individuals with food allergies – and to avoid the ones that won’t accommodate their needs.”

Paul Antico

What else does the site offer? AllergyEats offers ratings, menus, websites, phone numbers and more, and also features other tips and resources to help food allergic diners make informed decisions when selecting a restaurant. AllergyEats offers a smartphone app, a blog, and AllergyEats communities on Facebook, Twitter and LinkedIn, with interactive discussions, feedback and information sharing. Additionally, AllergyEats offers special deals and giveaways for users.

Will I be able to see information about local restaurants in my town? AllergyEats has a national database that includes well over 600,000 restaurants, which users can rate. Members provide valuable insights and information about restaurants around the corner and across the country. Log on to the website or use the smartphone app to rate restaurants and you’ll be helping others find allergy-friendly establishments.

How often does AllergyEats update their restaurant database? AllergyEats regularly updates their database to keep up with the fast-changing nature of the industry.

Is there a cost for using this site? No. Use of this site is free. Downloading and using the app is free, as well.

What if my allergy isn’t listed on the home page? The site is valuable regardless of your food allergies or intolerances, as the allergy-friendliness ratings measure how well a restaurant caters to individuals with any special dietary restrictions.

What do the ratings mean? AllergyEats displays ratings on a 1-5 scale, showcasing how well a restaurant accommodates patrons with food allergies or intolerances. These peer-based ratings measure the level of comfort and satisfaction that food allergic diners have experienced at this restaurant.
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